



Soup

Monday

- Hearty Chicken Gumbo
- **Vegan** Lentil Vegetables

Tuesday

- **Vegan** Lentil & Vegetables
- Manhattan Clam Chowder
- Hearty Chicken Gumbo

Wednesday

- Chipotle Chicken, Rice
- **(v)** Roasted Corn & Potatoes
- Navy Bean & Pancetta **(Pork)**

Thursday

- Smoked Turkey Vegetable
- **(v)** Pumpkin Coconut Bisque
- **(v)** Potato Leek

Melting Pot

Tuesday

Grilled Pork Chop with Creamy Apple Onion Soubise

- Sweet Potato Casserole Topped with Marshmallows & Pecans **Nut Allergy (v)**
- Sautéed Greens Amandine with Dill **Nut Allergy (v)**

Wednesday

Seafood Gumbo with Shrimp, Cod, Peppers & Onions

- Yellow Rice **vegan**
- Maque Choux Creamy Corn & Pepper Stew **(v)**
- Southern Cornbread **(v)**

Thursday

Gochujang Flank Steak

- Miso Glazed Japanese Eggplant **(v)**
- Veggie Fried Rice **(v)**
- Wings

McCaffrey's

Butcher Block

Street Eats

Monday-Friday

Open for Breakfast & Lunch

Tuesday-Thursday

McCaffrey's Specials

Caprese Panini **(v)**

Fresh Mozzarella, Basil, Roasted Tomatoes, Pesto, Balsamic Glaze

Beef Bulgogi Burrito

Soy Glazed Tender Beef, Pickled Onions, Fresh Cucumber, Chili-Garlic Aioli, Fresh Cilantro

Monday-Thursday

Specials Available Tuesday-Thursday

Turkey Muffaletta

Sliced Turkey Breast, Provolone, Lettuce, Tomato, Cauliflower-Olive Spread, Ciabatta Roll

Jalapeno Ranch Garden Wrap **(v)**

Romaine, Arugula, Cabbage, Tomato, Cucumber, Feta, Garbanzo Beans, Fried Onions, Jalapeno Ranch Dressing, Spinach Herb Tortilla

Maple Chipotle BLT

Maple Bacon, Lettuce, Tomato, Guacamole, Multigrain Bread, Chipotle Mayo

Tuesday-Thursday

Pasta made to Order

- Meatballs, Grilled Chicken, Italian Sausage, Garlic Shrimp Beyond "Meatballs" **(v)**
- Whole Wheat Penne, Linguini, **Gluten Free Penne**, Rigatoni
- Alfredo, Marinara, Vodka or Pesto Sauce

Ming's Omelet

National Doughnut Day

Tossed Salad

Monday-Friday

7:30-10:00 AM

Wednesday December 4th



Monday-Thursday

- Grilled Chicken, Herbed Roasted Tofu, Poached Shrimp
- Albacore Tuna Salad
- Organic Field Greens, Romaine Lettuce, Spinach, Baby Arugula

What's Happening This Week!

